

MENU



Swansea Bay

THE TOWERS HOTEL

Wales

starters & LIGHT BITES

Classic Prawn Cocktail with Marie Rose Dressing	£7.50	Freshly Made Soup with Fresh Baked Bread	£6.95
Moroccan Spiced Falafel (V) with Houmous and Tzatziki	£7.25	House Pate with Onion Marmalade and Warmed Toast	£7.25
Indian Spiced Vegetable Samosas (V) with Mango Chutney and Raita	£7.25	Southern Fried Chicken Strips with Chipotle Mayo	£7.25
Salt & Pepper Squid with Lemon Aioli	£7.95		

salads

Chicken Caesar Salad		Starter - £8.50 / Main - £14.95	
Little Gem Lettuce, Boiled Egg, Parmesan Cheese, Garlic Croutons and our House Dressing topped with Chargrilled Chicken Breast			
Teriyaki Marinated Salmon, Chicken or Tofu		£15.95	
Served on a bed of Salad Leaves with Asian Slaw			

mains

Traditional Roast Dinner Choice of Meat, or Rainbow Bake served with All the Trimmings & our Homemade Gravy	£15.95	Penne Pasta Pesto (V) Pasta with Fresh Green Vegetables and Garlic Bread Slice	£13.95 <i>Add Chicken - £14.95</i>
Classic Fish & Chips Cod Fillet with Mushy Peas and Hand Cut Fries (A Choice of Crispy Beer Battered, Simply Grilled or Topped with Cheese)	£16.50	BBQ Chicken Baked Breast of Chicken, wrapped in Bacon, topped with Melted Cheese in a rich Barbeque Sauce, served with Coleslaw and Hand Cut Chips	£15.50
Chicken Madras Curry Served with Rice, Popadoms & Chutneys <i>Also available as Vegetarian with Seasonal Mushrooms (V)</i>	£14.95	Grilled Lamb Rump Served with Garlic & Herb Parmentier Potatoes with Chimichurri	£16.95
Grilled Fillet of South Coast Plaice Served with Boiled Potatoes & Peas	£16.50		

FROM THE chargrill

8oz Prime Fillet Steak	£24.50	8oz Sirloin Steak	£22.50
8oz Ribeye Steak	£22.50	Butterflied Breast of Chicken Marinated in Garlic & Thyme	£15.50
10oz Gammon Steak with Fried Egg or Glazed Pineapple Slice	£15.95		

All Grills are served with Tomato, Mushrooms and Hand Cut Fries

Towers Prime Beef, Chicken or Veggie Burger	£14.95			
Chargrilled 6oz Beef Steak Patty, Chargrilled Chicken Breast, or a Fried Butternut Squash, Goats Cheese and Beets Patty in a Bun with Coleslaw and Hand Cut Fries				
<u>Add Burger Toppings:</u>				
Melted Cheese - £1.00	/	Bacon - £1.50	/	Double Up - £4.00

sides

Breaded Wholetail Scampi	£4.50	Tempura King Prawns with Sweet Chilli	£5.50
Peppercorn Sauce	£2.95	Garlic Butter	£1.50
Onion Rings	£2.95	Garlic Bread	£3.50
Garlic Bread with Cheese	£3.95	Freshly Baked Bread	£2.50
Garden Salad	£3.25	Hand Cut Fries	£2.95
Medley of Seasonal Vegetables	£3.00		
Peas	£3.00		

Please advise a member of staff if you have any allergies or dietary requirements